

# ALLERGY WORD SEARCH

Find the Top 8 Food Allergens



**SOY**  
**MILK**  
**TREE NUTS**  
**SHELLFISH**  
**WHEAT**

**PEANUTS**  
**FISH**  
**EGGS**  
**ALLERGENS**  
**FOOD ALLERGY**

# Conversation Starters

## Food for Thought: Let's Talk about Food Allergies

1. Do you know anyone with a food allergy?
2. What do you think it's like to have a food allergy?
3. What is one thing you can do to help a friend who has a food allergy?
4. How can you make sure kids who have food allergies feel included?
5. How can you help make your classroom safer for kids who have food allergies?
6. What are your biggest questions about food allergies?